

# LORRI SULPIZIO

Leadership Coach & Speaker



## SHORT BIO

**Dr. Lorri Sulpizio is the Director of the Conscious Leadership Academy and founder of the Center for Women's Leadership at the University of San Diego.** With a PhD in Leadership, an MA in Sports Psychology, and a BA in English and Women's Studies, Dr. Lorri blends academic insight with real-world experience to transform leadership practices. A former collegiate basketball coach, she infuses lessons from athletics into her leadership philosophy, emphasizing mindset, courage, and authenticity.

Dr. Lorri is a Certified Dare to Lead™ Facilitator, Board Certified Coach, and holds certifications in the Leadership Circle Profile, Enneagram, MBTI®, and DiSC. She teaches for the United Nations Women's Leadership Program and the UN Staff College, where she created a key module on Diversity, Equity, and Inclusion. She's also contributed to Harvard's Adaptive Leadership Network and led programs globally, including at Russia's Skolkovo Management School.

A published author and passionate advocate for conscious leadership, Dr. Lorri works with organizations and leaders to foster authenticity, equity, and personal growth. She lives in San Diego with her partner and children and enjoys camping, reading, and fitness.

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## LONG BIO

**Dr. Lorri Sulpizio is a leadership expert, educator, and advocate for conscious leadership, diversity, and authenticity.** As Director of the Conscious Leadership Academy and founder of the Center for Women's Leadership at the University of San Diego, she transforms how individuals and organizations approach leadership, culture, and personal growth.

With a PhD in Leadership, an MA in Sports Psychology, and a BA in English and Women's Studies, Dr. Lorri is a Certified Dare to Lead™ Facilitator, trained in Brené Brown's research, a Board-Certified Coach, and holds certifications in Leadership Circle Profile, Enneagram, MBTI®, and DiSC.

A former collegiate basketball coach, she spent nearly a decade coaching women's basketball and continues to work with athletes, coaches, and organizations to develop mental toughness, resilience, and authentic leadership.

As faculty for the United Nations Women's Leadership Program, Dr. Lorri created a Diversity, Equity, and Inclusion module and has contributed to Harvard's Adaptive Leadership Network. She has also led global leadership programs, including at Skolkovo Management School in Russia and the Shakti Leadership Fellowship.

A published author, she founded Cultivate Conscious Kids to develop self-awareness and leadership skills in youth and mentors women leaders in owning their voices. Beyond academia, Dr. Lorri serves on multiple boards, including the New Children's Museum of San Diego and the Board of Trustees for La Jolla Country Day School.

Rooted in Southern California, she brings an energetic, insightful, and integrity-driven presence to her work, believing brave choices and authentic living are the foundation of great leadership.

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## KEYNOTE INTRO

It is my pleasure to introduce our keynote speaker today, Dr. Lorri Sulpizio. Dr. Lorri is not just an expert in leadership—she is a dynamic force in transforming how we think about leadership, authenticity, and the courage to lead with purpose.

A former college basketball coach, Lorri is the Director of the Conscious Leadership Academy and the founder of the Center for Women's Leadership at the University of San Diego; she has dedicated her career to shaping leaders who are authentic, resilient, and committed to equity and inclusion. With a PhD in Leadership, an MA in Sports Psychology, Lorri knows firsthand the power of mindset, courage, and teamwork.

She is a published author, a Certified Dare to Lead™ Facilitator based on the groundbreaking research of Brené Brown, a Board Certified Coach, and a global leadership consultant. Her work has impacted leaders across the world, from the United Nations to Harvard's Adaptive Leadership Network, inspiring individuals and organizations to embrace conscious leadership.

Lorri brings expertise, authenticity, passion, and an unwavering belief that great leadership is learned through brave choices. Today, she will share insights that will challenge you, inspire you, and equip you to lead with greater purpose and impact. Please join me in welcoming Dr. Lorri Sulpizio!